

**BASES LOADED**

APRIL



2018

*Fiercely  
Female*

**FIELDS & FUTURES**

· BUILD · INSPIRE · EMPOWER ·

FEMALE STUDENT-ATHLETES

**ROOSEVELT MIDDLE SCHOOL**

SPORTS IMPACT SURVEY INFOGRAPHIC

**SURVEY CONDUCTED MARCH 2018  
WITH 65 FEMALE STUDENT-ATHLETES**

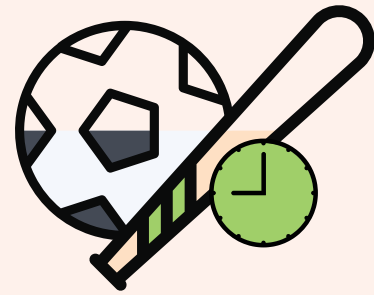
Attendance

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**91%**

**of athletes say they are more motivated to attend school since playing team sports.**



**Half**

**of multi-sport athletes report getting to class on time more often than before.**

Grades

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**94%**

**of athletes say playing sports further motivates them to stay academically eligible.**

**84%**

*All Athletes*

**89%**

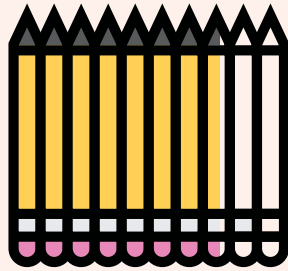
*Multi-Sport Athletes*

**80%**

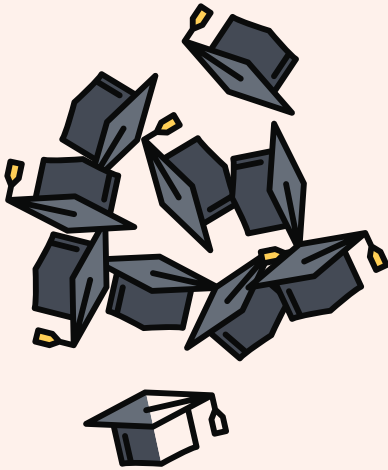
*First-Year Athletes*

**Percentages of athletes whose grades have improved since playing sports.**

78%



of athletes say their study habits have improved since playing sports.



94%

of athletes aspire to go to college.

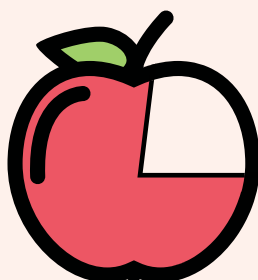
86%

of athletes created more ambitious education goals since playing sports.

91%

of athletes say their coaches connect them to more resources & opportunities.

77%



of student-athletes say they have better relationships with their teachers since playing sports.



**71%**

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**of athletes say they are better at managing peer pressure since playing sports.**



**80%**

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**of athletes report they are more likely to say no to drugs & alcohol since playing sports.**

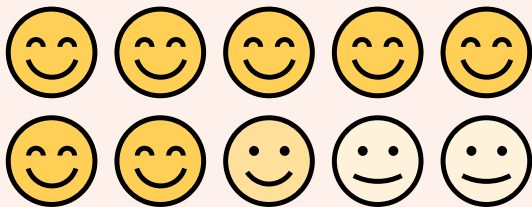


**88%**

**of athletes say playing team sports has made them more proud to be a Roosevelt Titan.**

*Mind & Body*

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**75%**

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**of athletes say playing team sports has made them happier.**



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**athletes say participating in sports makes them more accepting of their body image.**

# Female Student-Athletes Roosevelt Middle School Sports Impact Survey



Survey conducted March 2018 with 65 female student-athletes

## ATTENDANCE

Since playing team sports, I am more motivated to not miss or skip a day of school.

	All Athletes	First Year Athletes	Multi-Sport Athletes
Strongly Agree	38%	47%	32%
Agree	52%	50%	51%
Same	9%	3%	16%

Since playing team sports, how would you describe your ability to get to class on time?

	All Athletes	First Year Athletes	Multi-Sport Athletes
I'm Late to Class Less	43%	43%	49%
Same	54%	57%	46%
I'm Late to Class More	3%	0%	5%

## GRADES

How much influence do academic eligibility requirements have on your motivation to earn passing grades?

	All Athletes	First Year Athletes	Multi-Sport Athletes
Extreme Influence	55%	53%	54%
Significant Influence	26%	30%	24%
Moderate Influence	8%	7%	8%
Little Influence	5%	0%	8%
No Influence	6%	10%	5%

How much improvement have you seen in your grades since playing team sports?

	All Athletes	First Year Athletes	Multi-Sport Athletes
Extreme Improvement	34%	33%	36%
Significant Improvement	25%	27%	22%
Some Improvement	25%	20%	31%
Same	16%	20%	11%
Worse	0%	0%	0%

## CLASSROOM BEHAVIOR

Since playing team sports, I am less likely to disrupt class.

	All Athletes	First Year Athletes	Multi-Sport Athletes
Strongly Agree	26%	23%	30%
Agree	40%	37%	41%
Same	32%	40%	27%
Disagree	2%	0%	3%
Strongly Disagree	0%	0%	0%

How much improvement have you noticed in your classroom attention & focus?

	All Athletes
Extreme Improvement	20%
Significant Improvement	35%
Some Improvement	29%
Same	15%
Worse	0%

Since playing team sports, my relationship with my teachers has improved.

	All Athletes	Multi-Sport Athletes
Strongly Agree	17%	22%
Agree	29%	27%
Same	31%	30%
Disagree	22%	22%
Strongly Disagree	2%	0%

## MIND & BODY

Since playing team sports, I am happier in my daily life.

	All Athletes
Strongly Agree	45%
Agree	31%
Same	22%
Disagree	2%
Strongly Disagree	2%

Since playing team sports, I feel more responsible & in control of my decisions.

	All Athletes
Strongly Agree	48%
Agree	34%
Same	18%
Disagree	0%
Strongly Disagree	0%

Since playing team sports, I am more accepting of my body image & appearance.

	All Athletes
Strongly Agree	38%
Agree	26%
Same	29%
Disagree	5%
Strongly Disagree	2%

## SKILLS & GOAL SETTING

What level of improvement have you seen in your study habits since playing team sports?

	All Athletes	First Year Athletes	Multi-Sport Athletes
Extreme Improvement	5%	0%	5%
Significant Improvement	29%	33%	35%
Some Improvement	45%	40%	43%
Same	22%	27%	16%

Playing team sports has led me to create more ambitious goals for my education.

	All Athletes	First Year Athletes	Multi-Sport Athletes
Strongly Agree	41%	45%	42%
Agree	45%	38%	44%
Same	14%	17%	14%
Disagree	0%	0%	0%
Strongly Disagree	0%	0%	0%

What level of improvement have you seen in your conflict-resolution skills since playing team sports?

	All Athletes
Extreme Improvement	9%
Significant Improvement	38%
Some Improvement	38%
Same	11%
Worse	3%

How much improvement have you seen in your problem solving skills since playing team sports?

	All Athletes
Extreme Improvement	15%
Significant Improvement	35%
Some Improvement	28%
Same	22%
Worse	0%

## SKILLS & GOAL SETTING – *continued*

Do you currently have a goal to attend college after high school?		Prior to playing team sports, did you have a goal to attend college?		Do you feel you have better access to resources & opportunities to help you achieve a college education?	
	All Athletes		All Athletes		All Athletes
Yes	<b>94%</b>	Yes	<b>89%</b>	Yes	<b>89%</b>
No	<b>0%</b>	No	<b>0%</b>	No	<b>2%</b>
Unsure	<b>11%</b>	Unsure	<b>11%</b>	Unsure	<b>9%</b>

## STUDENT LIFE

Since playing team sports, I have made more friends at school.			Since playing team sports, I am less likely to bully other students.		Since playing team sports, I am more likely to say something when I witness bullying.	
	All Athletes	First Year Athletes		All Athletes		All Athletes
Strongly Agree	<b>35%</b>	<b>37%</b>	Strongly Agree	<b>53%</b>	Strongly Agree	<b>42%</b>
Agree	<b>32%</b>	<b>33%</b>	Agree	<b>13%</b>	Agree	<b>36%</b>
Same	<b>29%</b>	<b>30%</b>	Same	<b>30%</b>	Same	<b>22%</b>
Disagree	<b>2%</b>	<b>0%</b>	Disagree	<b>0%</b>	Disagree	<b>0%</b>
Strongly Disagree	<b>2%</b>	<b>0%</b>	Strongly Disagree	<b>5%</b>	Strongly Disagree	<b>0%</b>

Since playing team sports, I am more able to manage peer pressure and negative influences.		Since playing team sports, I am more likely to say “no” to drugs and alcohol.		Since playing team sports, I am more willing to try extra-curricular activities like band, dance, art, and student council.		Since playing team sports, I am more proud to be a Roosevelt Titan.	
	All Athletes		All Athletes		All Athletes		All Athletes
Strongly Agree	<b>31%</b>	Strongly Agree	<b>65%</b>	Strongly Agree	<b>52%</b>	Strongly Agree	<b>65%</b>
Agree	<b>40%</b>	Agree	<b>15%</b>	Agree	<b>28%</b>	Agree	<b>23%</b>
Same	<b>29%</b>	Same	<b>20%</b>	Same	<b>14%</b>	Same	<b>12%</b>
Disagree	<b>0%</b>	Disagree	<b>0%</b>	Disagree	<b>5%</b>	Disagree	<b>0%</b>
Strongly Disagree	<b>0%</b>	Strongly Disagree	<b>0%</b>	Strongly Disagree	<b>2%</b>	Strongly Disagree	<b>0%</b>